



KK International Travel & Tours Pvt. Ltd.

KATHMANDU & LUMBINI CULTURAL TOUR

Kathmandu | Patan | Bhaktapur | Nagarkot | Lumbini | Tilaurakot

Duration	8 days / 7 nights	Route	Kathmandu - Nagarkot - Lumbini
Night Plan	Kathmandu 2 Nagarkot 1 Lumbini 4	Tour Style	Private cultural and Buddhist heritage tour
Best For	Pilgrims, families, historians, and cultural travelers	Hotels	Selected hotels on twin-sharing basis
Transport	Private road vehicle; flight or coach options available	Meals	Daily breakfast; other meals as quoted

All travel times, monument access, flight schedules, monastery activities, sunrise and sunset views, and road conditions are approximate and subject to local conditions. The confirmed quotation and service voucher take precedence.





Tour Introduction

This eight-day journey combines the living heritage of Kathmandu Valley with the calm, reflective atmosphere of Lumbini, the birthplace of Siddhartha Gautama. The program moves from UNESCO-listed temples, stupas, palaces, and Newari cities to Nagarkot's Himalayan outlook and the Buddhist archaeological landscape of the southern plains. The itinerary is designed for travelers who want cultural depth without rushing. Guided sightseeing, private transfers, sacred-site visits, meditation opportunities, and flexible transport choices can be adjusted to the group's interests, mobility, flight schedule, and final hotel category.

PACKAGE FEATURES

- **Kathmandu Valley heritage:** Guided visits to Swayambhunath, Kathmandu Durbar Square, Pashupatinath, Boudhanath, Patan, and Bhaktapur.
- **Nagarkot hill stay:** A peaceful overnight with sunset and sunrise opportunities over the Himalayan range, weather permitting.
- **Lumbini Sacred Garden:** Maya Devi Temple, the Marker Stone, Sacred Pond, Ashoka Pillar, Eternal Peace Flame, and contemplative garden walks.
- **International Monastic Zone:** A broad introduction to Buddhist architecture and practice represented by monasteries from different countries.
- **Ancient Kapilavastu:** Guided exploration of Tilaurakot's palace remains, gates, fortification walls, excavation areas, and museum.
- **Flexible touring:** Road, domestic-flight, and coach-based transportation plans can be quoted according to budget and comfort preference.

DESTINATION PROFILES

Kathmandu Valley

Altitude: approx. 1,324 m

Nepal's capital region brings together Hindu and Buddhist sacred sites, royal squares, traditional Newari settlements, museums, markets, crafts, and contemporary city life

Nagarkot

Altitude: approx. 2,175 m

This hill station east of Kathmandu is known for quiet countryside, cool air, and wide Himalayan views when the weather is clear.



Lumbini

UNESCO World Heritage Site

Lumbini preserves the sacred birthplace of Lord Buddha within a landscaped development zone of monasteries, museums, gardens, wetlands, and pilgrimage paths.

Tilaurakot and Kapilavastu

Archaeological heritage area

Tilaurakot is widely associated with ancient Kapilavastu, where Prince Siddhartha is believed to have spent his early life before the Great Renunciation.

DETAILED DAY-WISE ITINERARY

DAY 01: ARRIVAL IN KATHMANDU - WELCOME TO NEPAL

Overnight: Kathmandu | Airport transfer and arrival assistance

Arrive at Tribhuvan International Airport, meet the local representative, and transfer privately to the hotel in or near Thamel. The remainder of the day is kept light after the international journey.

Planned Experience:

- Traditional welcome and assistance with hotel transfer
- Hotel check-in and time to rest
- Optional evening walk through Thamel's cafes, shops, and local markets
- Optional Nepali dinner with live music and cultural performances

DAY 02: KATHMANDU UNESCO HERITAGE SIGHTSEEING

Overnight: Kathmandu | Touring: full day | Meals: breakfast

Explore four of Kathmandu's most important sacred and historic places with a local guide, balancing architecture, faith, city views, and cultural interpretation.

Planned Experience:

- Swayambhunath Stupa and panoramic Kathmandu Valley views
- Kathmandu Durbar Square, palace courtyards, temples, and traditional Newari architecture
- Pashupatinath Temple precinct and the sacred Bagmati River
- Boudhanath Stupa and the surrounding Tibetan Buddhist quarter
- Free evening for shopping, cafes, and local dining in Thamel or Durbar Marg

DAY 03: PATAN, BHAKTAPUR AND NAGARKOT

Overnight: Nagarkot | Touring and transfers: full day | Meals: breakfast

Travel through the eastern Kathmandu Valley, visiting two celebrated Newari cities before continuing into the hills for a relaxed Nagarkot stay.

Planned Experience:

- Patan Durbar Square, royal courtyards, temples, metalwork, handicrafts, and Thangka traditions
- Bhaktapur Durbar Square, artisan lanes, pottery areas, and medieval urban architecture
- Scenic drive to Nagarkot and hotel check-in
- Himalayan sunset viewing from the hotel or a nearby viewpoint, weather permitting



DAY 04: NAGARKOT SUNRISE AND JOURNEY TO LUMBINI

Overnight: Lumbini | **Road journey:** approx. 8-10 hours, or flight option | **Meals:** breakfast

Begin with an optional early sunrise view, then travel to Lumbini. Guests selecting the flight option transfer to Kathmandu Airport, fly to Bhairahawa, and continue by private vehicle to the hotel.

Planned Experience:

- Sunrise and Himalayan panorama from Nagarkot, weather permitting
- Breakfast and hotel check-out
- Road journey through Nepal's mid-hills and Terai plains, with suitable rest and meal stops
- Alternative domestic flight to Bhairahawa, subject to schedule and weather
- Lumbini hotel check-in and evening orientation

DAY 05: SACRED BIRTHPLACE OF LORD BUDDHA

Overnight: Lumbini | **Sacred Garden visit** | **Meals:** breakfast

Enter the UNESCO-listed Lumbini Sacred Garden for a guided introduction to the birthplace of Siddhartha Gautama and the principal monuments connected with his birth.

Planned Experience:

- Maya Devi Temple and the Sacred Marker Stone
- Sacred Pond, also known as Puskarini
- Ashoka Pillar and its ancient inscription
- Sacred Garden walk and the Eternal Peace Flame
- Quiet meditation, personal reflection, and photography where permitted

DAY 06: LUMBINI BUDDHIST HERITAGE EXPLORATION

Overnight: Lumbini | **Touring:** full day | **Meals:** breakfast

Spend the day exploring Lumbini's international Buddhist community, cultural institutions, and natural setting. The exact monastery sequence depends on opening hours and guest interests.

Planned Experience:

- Optional morning silent meditation session
- Guided tour of selected monasteries in the East and West Monastic Zones
- Visits may include monasteries representing Nepal, Thailand, Myanmar, China, Japan, South Korea, Vietnam, Germany, France, Cambodia, and Sri Lanka
- World Peace Pagoda, Lumbini Museum, and International Research Institute, subject to opening
- Crane Sanctuary nature visit and birdwatching opportunity
- Optional bicycle or electric-rickshaw exploration
- Evening Buddhist chanting when available under the monastery schedule



DAY 07: TILAURAKOT - ANCIENT KAPILAVASTU

Overnight: Lumbini | Heritage excursion: full day | Meals: breakfast

Drive to Tilaurakot, associated with the ancient Shakya capital where Prince Siddhartha is believed to have lived before renouncing palace life.

Planned Experience:

- Ancient palace complex, fortification walls, and archaeological excavation areas
- Eastern Gate, associated with the Great Renunciation, plus the western and other gateway remains
- Ancient roads, ponds, water systems, and settlement planning
- Interpretation Centre and Kapilavastu Museum, subject to opening
- Guided storytelling on Prince Siddhartha's early life and the Shakya Kingdom
- Heritage walk, reflection time, and photography where permitted

DAY 08: DEPARTURE OR OPTIONAL BUDDHIST HERITAGE EXCURSION

Tour conclusion | Transfer arranged according to the confirmed transport option | Meals: breakfast

After breakfast, check out and transfer for the onward journey. Travelers with a later departure may add a short heritage circuit, while longer sites such as Ramagrama require suitable time or an extension night.

Planned Experience:

- Transfer to Bhairahawa Airport, coach station, or onward road journey as confirmed
- Optional Kudan and Gotihawa circuit when timing permits
- Optional extended visits to Niglihawa, Araurakot, Sagarhawa, or Ramagrama
- Final timing coordinated with flight, coach, or private-vehicle schedule

OPTIONAL ACTIVITIES

- **Nepali cultural dinner:** Traditional meal with music and dance in Kathmandu; advance reservation recommended.
- **Everest scenic flight:** Early-morning mountain flight from Kathmandu, subject to weather, schedule, and separate payment.
- **Nagarkot walk:** Short village, nature, or ridge walk with a local guide, adjusted to available time and fitness.
- **Lumbini cycling or electric rickshaw:** A relaxed way to cover the wider development zone and selected monasteries.
- **Meditation and chanting:** Private or monastery-based sessions arranged subject to teacher and monastery availability.
- **Kapilavastu heritage circuit:** Kudan, Gotihawa, Niglihawa, Araurakot, and Sagarhawa can be combined according to time.
- **Ramagrama extension:** A full-day or overnight extension to the revered relic stupa, recommended when the travel schedule allows.
- **Bhairahawa or Kathmandu extension:** Additional hotel nights, onward flights, or customized Nepal touring can be quoted separately.



TRANSPORTATION OPTIONS

The package can be costed using one of the following arrangements. The confirmed quotation will specify the selected vehicle type, routing, baggage allowance, and transfer coverage

Option	Routing	Best For	Important Note
Private road journey	Kathmandu - Nagarkot - Lumbini by reserved vehicle	Families, small groups, and flexible sightseeing	Most flexible option; road time and rest stops depend on traffic and conditions.
Domestic flight	Nagarkot transfer to Kathmandu Airport; fly to Bhairahawa; private transfer to Lumbini	Travelers prioritizing comfort and shorter overland time	Flights are schedule- and weather-dependent; baggage limits apply.
Tourist coach	Private transfer to Kathmandu coach station; scheduled coach to Lumbini	Budget-conscious independent travelers	Less flexible and generally longer; station transfers must be coordinated.

Recommended default: a reserved private vehicle provides the best continuity for the Kathmandu Valley and Kapilavastu sightseeing days. A domestic flight is the most comfortable alternative for the long transfer to or from Lumbini.



PACKAGE INCLUDES

Accommodation and Meals

- Seven nights in selected hotels: Kathmandu 2 nights, Nagarkot 1 night, and Lumbini 4 nights
- Twin-sharing room basis unless a single-room supplement is confirmed
- Daily hotel breakfast from Day 2 through Day 8

Transfers and Transportation

- Airport arrival assistance and private transfer to the Kathmandu hotel
- Transportation for all listed sightseeing and transfers according to the confirmed road-based itinerary
- Departure transfer according to the final service voucher
- Driver allowances, fuel, road tolls, and parking for included vehicle services

Guiding and Sightseeing

- English-speaking cultural guide during the principal Kathmandu Valley, Lumbini, and Tilaurakot sightseeing programs
- Heritage and Buddhist history interpretation at the listed sites
- Entrance fees to monuments specifically listed as included in the final quotation

Administration

- Hotel and local service coordination by K.K. International Travel and Tours Pvt. Ltd.
- Applicable government taxes and company service charges on included services
- Emergency contact support during the confirmed tour period

PACKAGE EXCLUDES

Travel and Documentation

- International airfare, Nepal visa fees, passport costs, and personal travel documents
- Domestic flights unless specifically selected and shown in the confirmed quotation
- Travel, medical, accident, evacuation, baggage, and trip-cancellation insurance

Meals and Personal Expenses

- Lunches and dinners unless expressly listed as included
- Alcoholic and non-alcoholic drinks, bottled water, snacks, minibar, laundry, telephone, and room service
- Shopping, spa services, camera or filming fees, and expenses of a personal nature

Optional Services

- Cultural dinner, Everest scenic flight, meditation teacher, cycling, electric rickshaw, and optional excursions
- Single-room supplement, room upgrades, early check-in, late check-out, and additional hotel nights
- Any guide, transfer, entrance fee, activity, or meal not stated in the confirmed inclusion list



Unforeseen Costs

- Costs caused by flight disruption, traffic, weather, road closure, strikes, illness, government action, or itinerary changes beyond company control
- Tips for guides, drivers, hotel staff, and other service personnel

TERMS AND CONDITIONS

1. Booking Confirmation

A booking is confirmed only after written acceptance by K.K. International Travel and Tours Pvt. Ltd. and receipt of the deposit stated in the invoice. Services remain subject to availability until confirmation is issued.

2. Pricing

Prices are quoted in the currency and group size shown in the final proposal. Rates may change before confirmation because of hotel availability, transport costs, taxes, entrance fees, exchange movements, or supplier revisions.

3. Payment

The payment schedule, accepted payment method, bank charges, and final balance deadline will be stated in the invoice. The traveler is responsible for all remittance and intermediary-bank fees unless agreed otherwise in writing.

4. Cancellation and Refunds

Cancellation must be submitted in writing. Charges follow the confirmed quotation and may include non-refundable hotel, airline, transport, guide, permit, or activity costs already committed to suppliers. No refund is normally available for unused services after the tour begins.

5. Changes by the Traveler

Date, route, hotel, room, transport, and activity changes are subject to availability and may change the package price. Name corrections and airline changes may attract supplier fees.

6. Operational Changes

The company may adjust the order, timing, route, transport, or visits when required by safety, weather, traffic, closures, local events, flight operation, or supplier availability. A comparable service will be offered when reasonably possible.

7. Travel Documents

Travelers must hold a valid passport, visa, permits, tickets, and any health documents required for Nepal and onward travel. Entry rules and passport-validity requirements must be checked before departure.

8. Health and Insurance

Travelers should disclose mobility, dietary, medical, or accessibility requirements before confirmation. Comprehensive travel and medical insurance is strongly recommended, including cancellation, illness, accident, evacuation, baggage, and disruption coverage.



9. Hotels and Rooms

Hotel categories and named properties are subject to confirmation. Standard check-in and check-out times apply. Early check-in, late check-out, connecting rooms, specific views, and bedding requests cannot be guaranteed unless confirmed in writing.

10. Heritage and Monastery Visits

Guests must follow dress, photography, silence, and access rules at temples, monasteries, museums, and archaeological sites. Chanting, meditation, sunrise, sunset, and wildlife observations depend on schedule and conditions and are not guaranteed.

11. Responsibility

The company acts as an organizer of services supplied by hotels, airlines, transport operators, guides, and attractions. It is not responsible for loss or expense caused by events outside reasonable control, including severe weather, natural disaster, civil disturbance, epidemic, government restriction, or transport disruption.

12. Acceptance

Payment of the deposit or written confirmation signifies acceptance of the final itinerary, quotation, inclusions, exclusions, cancellation policy, and these terms and conditions.

IMPORTANT TRAVEL NOTES

- Kathmandu Valley monument schedules and access can change during festivals, ceremonies, maintenance, or official events.
- Nagarkot mountain views depend entirely on cloud, haze, and seasonal weather.
- The Nagarkot-Lumbini road transfer is long; a flight option is recommended for travelers who prefer less road time.
- Lumbini is a sacred environment. Modest clothing, quiet behavior, and respect for local religious practice are expected.
- The exact monastery list is selected according to opening hours, route efficiency, and guest priorities.

CLOSING STATEMENT

This Kathmandu and Lumbini program connects Nepal's royal cities, living sacred traditions, Himalayan viewpoints, Buddhist pilgrimage sites, and archaeological heritage in one carefully paced journey. K.K. International Travel and Tours Pvt. Ltd. looks forward to arranging the tour with experienced local coordination and genuine Nepalese hospitality.

END OF PROGRAM